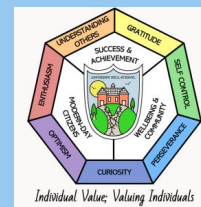


Monthly Newsletter

Asfordby Hill Primary School

June 2024: Issue 10



Dear Parents / Carers,

June is always an action-packed month in the school calendar.

Firstly, a huge THANK YOU to all the staff for their dedication, resilience and organisation -it always steps up a notch in June. We have had a successful two weeks of on-site swimming in which the children not only increased their water skills but embedded their rainbow skills in abundance. Yet again, Sport's Week was a massive achievement. Thank you to all our parents and families for cheering the children on during the Sports Morning. The children's determination to do their very best and support each other was clear to see. The inflatable assault course was a real winner! As well, Year 6s had their annual residential trip to Beaumanor Hall. As always, they were a credit to our school.

We couldn't give all our children the enrichment opportunities we do without the continued support of our friends of Asfordby Hill (FOAH). Not only have they organised this month's disco and summer fair but have funded all the coaches for all the class trips. I am immensely proud and thankful of such a dedicated and inspiring team. I know they are always looking for new members to share ideas and to support them.

Finally, an exciting development regarding the leadership structure of Asfordby Hill Primary School. As you are aware from previous correspondence, as of January 2025, I will be working part-time. Joining me as co-headteacher will be Mrs Bailey, our current assistant headteacher and SENDCO. I'm particularly excited about our collaboration. Her passion for ensuring the best outcomes for the children, coupled with her emphasis on driving the school forward, make her the ideal partner in this new venture. I want to assure you that our partnership as co-headteachers will be seamless. We are committed to working closely together, ensuring consistent communication and alignment in our decisions. On a personal note, I'm immensely thankful to our governors for endorsing this flexible working approach. It allows me to be there for both my family and our school. The collaboration with Mrs Bailey promises to be a positive step forward for our pupils and staff, broadening our horizons in curriculum offerings and enriching our collective knowledge.

Mrs Millward

WHAT'S IN THIS MONTH'S ISSUE:

- Key Dates
- Staffing news
- PE timetable
- School Council News
- Our Achievements
- Curriculum In Action- June
- Recommended high-quality books.
- Team Points
- Wow Awards
- Governor's Section
- Friends of Asfordby Hill (FOAH)
- Mental Health Information
- Community information

Key dates for your diary

- Wednesday 3rd July- Oak Class Twin Lakes Leavers Trip
- Friday 5th July- Willow Class trip to the Botanical Garden's Leicester
- Wednesday 10th July- Oak Class Leaver's Assembly (9:30am)

Other Dates:

- Tuesday 27th August- First day back for children

Staffing News

We all would like to thank Mr Darley for his work across the school supporting the children and staff. We are going to miss him but wish him every success in his next adventure training to be a teacher. Good luck Mr Darely!

Over the summer holidays, we have two staff weddings! Both Miss Houlton and Miss Warner are getting married to their respective partners. We wish them both the happiest of days and huge congratulations.

PE Timetable

Please remember to wear PE kit on your PE days. PE days for each class are below:

Monday	Tuesday	Wednesday	Thursday	Friday
Sycamore	Piano lessons			Chestnuts
	Rowan			
Rowan	Willow	Sycamore	Beech	Willow
Holly	Holly	Oak	Oak	Beech

School Council News

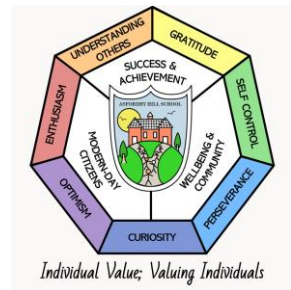
The school council are delighted to announce that they have chosen a replacement trim trail, which was designed with all the class's suggestions. Work will be underway in the next few months and the **NEW** trail will be opening **November 2024**.



Our Achievements



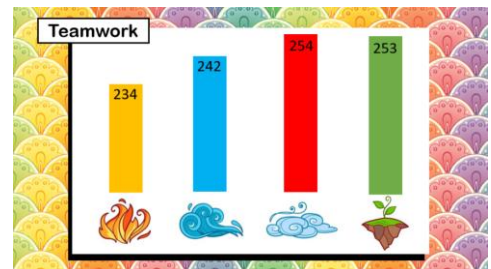
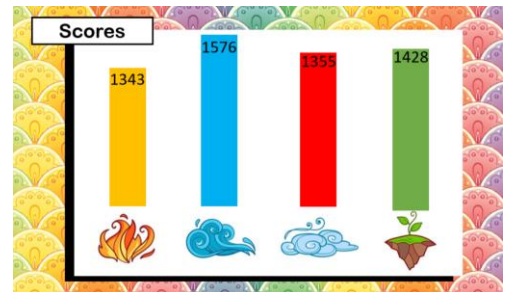
Congratulations to all the Year 6s who took part in the Melton Mowbray Lions Roar Competition to create innovative products to support others. They received their certificates and medals for taking part from two members of the Lions. Well done The Mighty Oaks!



Congratulations to the Year 6 and Year 2 Maypole dancers who performed at this year's summer fair: Chloe, Ewan, Bella, Paige, Sydney, Daisy M, Declan, Lochlan, Niamh, Theo and Anaiya. They did brilliantly. A very special mention to Noah who stood in at the last minute.



Sport's morning was a fantastic event. All the children were amazing, showing encouragement and determination to others. Thank you to all our families who also cheered everyone on.



Swimming Pool

We have had an exciting two weeks of swimming on-site. The children have made incredible progress in their water confidence, swimming strokes and stamina. They've all worked so hard! Our annual swimming awards were given out to children whose skills and attitudes stood out to the specialist coaches. Well done Everyone!



Sports week



The Gruffalo Experience at Beaumanor Hall- Chestnut Class



The Warning Zone Trip- Oak Class

The Mighty Oaks had a very informative experience at The Warning Zone in Leicester. They learnt about keeping themselves safe in a variety of situations including online as they become more independent and ready for secondary school.



Robin Hood Experience at Beaumanor Hall -Holly Class

In small teams, children designed and built basic shelters using a mixture of given and found materials. They had a challenge to camouflage these using leaves, branches etc. in order that the merry men remain hidden from the Sheriff.



Beamanor Hall Residential -Oak Class



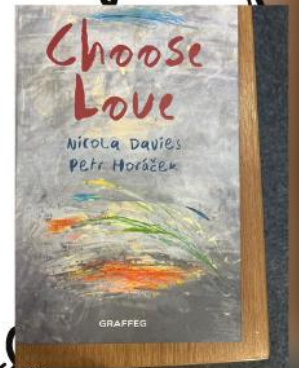
Nottingham Theatre trip to watch Awful Auntie by David Walliams - Rowan Class



Oak and
Sycamore



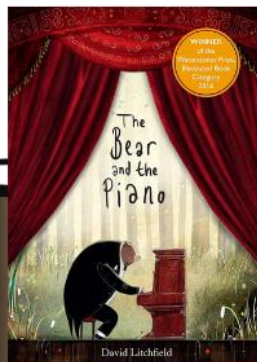
Rowan
and
Beech



Miss Harby, our
reading lead,
recommends
these books...



Chestnuts,
Willow and
Holly



Team Points



AIR



EARTH



FIRE



WATER

This month's team points results:

Week ending	AIR	EARTH	FIRE	WATER
Friday 7 th June	95	153	122	109
Friday 14 th June	200	198	181	188
Friday 21 st June	155	155	159	115

Congratulations to our weekly winning teams. Each week's team winners have had an extra 10 minutes of playtime on a Wednesday- enjoy!

Wow Awards

The children have worked exceptionally hard on using their rainbow skills. It has been a delight to see how many children are using these skills throughout the curriculum but also around school. On Fridays, two children from each class are rewarded in our Celebration Assembly with a WOW certificate and a gold star badge to wear in class the following week.

Congratulations to you all- you deserve a WOW!



Well Done **WOW**
Award Winners




Governor's Section

This month we are focusing on the staff governors and their role. Our staff governors are:



Mr Bailey



Mr Amps



Mr Mould

Staff governors have first-hand knowledge of the school's day-to-day running and bring valuable professional knowledge to the governing board.

Staff governor's roles:

- help other governors to understand the working of the school,
- take responsibility for their learning and development as a governor, including attending training,
- do not canvas the opinions of staff (they might want to let the governing board know the general feelings of staff but must use their own judgement in decision making),
- act impartially, making decisions that are in the best interests of pupils.

Friends of Asfordby Hill (FOAH)

A huge **thank you** to everyone who has supported our recent events.



**Our Disco
raised £670!**
To everyone who contributed to the fun
- organisers, helpers, school staff,
DJ KidZco, the chauffeurs who brought
and collected the children -
Thank you!

A huge thank you for
supporting the Summer
Fair. We raised over
£890.



Here at Asfordby Hill we champion the belief that to thrive, emotional well-being is just as important as physical health. We advocate that helping children to manage their emotions is as important as teaching them to read and write. We work with children, their families and other outside agencies by helping to support emotional wellbeing issues, so that they're able to fully engage with all aspects of their life. If you require further support with regards anxiety, sleep, managing emotions, toileting, emotional based school avoidance or grief, please see our excellent pamphlets from Dragonfly Impact Education in the school's foyer. In the newsletter each month, we will focus on a theme with additional signposting. This month is **transition and change**.

Young people go through all kinds of **changes** as they grow up – including when they move into a new class, go to secondary school, move to a new house or area, or experience changes within their family. These times of transition can be exciting. However, they can also be stressful, worrying or upsetting. Below are some strategies and signposts for supporting children's needs.

Choose health
 Know what affects your child, what makes them grumpy, hyper, disconnected...
 Do they need snacks throughout the day?
 Do they need lots of sleep?
 Do they need to get out and about and do exercise?
 Do they need time alone?
 Trust that you know your child and give them the basics that they need to cope with difficult days.

Work together
 Share ideas about how to:
 • create action plans
 • have a problem-solving approach
 • enjoy achievements
 • be forward-looking
 • show them that we can all get things wrong

Move on up
 Encourage independence:
 • help them to move positively from child identity towards teen identity
 • increase their responsibilities
 • be positive whenever they act maturely
 Be aware of your child's changing needs. Sometimes it might feel like one step forwards, two steps back.

Be calm
 Try to stay calm whilst your child is feeling distressed. Your child may show:
 • highs and lows
 • melodrama
 • anger
 • blame
 • self-centredness

Communicate
 The small things you do make all the difference:
 Keep talking, texting, listening, hearing, hugging, sympathising, smiling, reassuring, checking, sharing, suggesting, encouraging, respecting

Get learning
 Be involved, find out more and talk about:
 • social media
 • internet benefits and dangers
 • new music
 • language and slang
 • current affairs
 • what it's like to be young in the current world

Be wise
 As they discover new things, try to:
 • be interested
 • be non-judgemental
 • guide
 • give boundaries
 • see it from all sides
 • listen to their point of view
 • choose your words carefully
 • act on warning bells

Be the anchor
 In times of change you are:
 • constant
 • family
 • familiar
 • routine
 • in-jokers
 • irritating
 • comforting
 • home

Have fun
 Provide lots of light relief:
 • be silly
 • be embarrassing
 • play games
 • laugh together
 • do stuff together
 • make jokes
 • make things
 • be outside

Look after yourself
 Support yourself, to best support your child:
 • lean on friends
 • offload on other family
 • find 'me time'
 • see the GP
 • relax, exercise, sleep well, eat well
 • remember tomorrow is a new day

YM Parents Helpline
 0808 802 5544
 youngminds.org.uk
 Mon-Fri 9.30am-4pm

Ten Ways for parents to help children cope with change

ASDA foundation
 Transforming Communities. Inspiring Lives.

Find Your Feet
 YOUNGMINDS
 Stepping Up. Moving On. Growing Up.



<https://www.autism.org.uk/advice-and-guidance/topics/transitions/england/starting-or-switching-school>

<https://www.mentallyhealthyschools.org.uk/factors-that-impact-mental-health/school-based-risk-factors/transitions/>

<https://www.youngminds.org.uk/professional/resources/supporting-school-transitions/>

MELTON CARNEGIE MUSEUM **Leicestershire County Council**

Summer Holiday Activities

Free Entry

10th July to 24th August
Tuesday to Saturday
10am to 4pm

Join us every week for a free trail around the museum, free craft activities and a special paid activity of £2.50

Open to everyone and no need to book

- 10th July to 13th July - Medieval Mayhem
- 15th July - Bubbles in the Bandstand
- 16th to 20th July - Well Loved Tales
- 23rd to 27th July - Mad Hatters Tea Party
- 30th July to 3rd August - Paris Olympics
- 6th to 10th August - Rocking Around with Geology
- 13th to 17th August - Let's Go Fly a Kite
- 20th to 24th August - Food Glorious Food

Melton Carnegie Museum, Thorpe End, Melton Mowbray LE13 1RB
 0116 305 3860 www.meltonmuseum.org/
meltonmuseum@leics.gov.uk

Mowbray Rangers Football Club, Melton Road, Asfordby Hill, LE14 3QX

MOWBRAY RANGERS FC

SUMMER FUN DAY

SAT 3RD AUGUST 11AM-4PM

The day will also include a photo opportunity for new and current members, signing forms and receiving their new kit for the forthcoming season

Activities, Games, Inflatables slides and obstacle course, BBQ, Licensed Bar, Entertainment, Live Music, Raffle, Stalls & much more!!!

In addition **Leicester City** will be present running an activation with a mini goals area, panna cage and foot golf! (There may even be a special guest appearance)

Leicester City

SPONSORED BY **signright** 01664 852324 signrightcreative.co.uk f @ X

everyone ACTIVE

SUMMER ACTIVITY CAMPS

MELTON SPORTS VILLAGE

Monday 22nd July - Friday 16th August (x4 weeks)

CHILDCARE VOUCHERS ACCEPTED

SIBLING DISCOUNT

EXTENDED HOURS (8:30AM - 5:30PM)

VARIETY OF ACTIVITIES EVERYDAY

LESS THAN £5 PER HOUR

BOOK INDIVIDUAL DAYS

ONLY £23 PER DAY

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INFLATABLES

TEAM GAMES

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